

**Mobile ND**  
**Kim D. Kelly, ND, MPH**

**Encinitas Acupuncture & Massage**  
**121 West E Street**  
**Encinitas, CA 92024**

**Phone: (760) 533-2883**

**Fax: (866) 353-3603**

**Patient Intake Form**

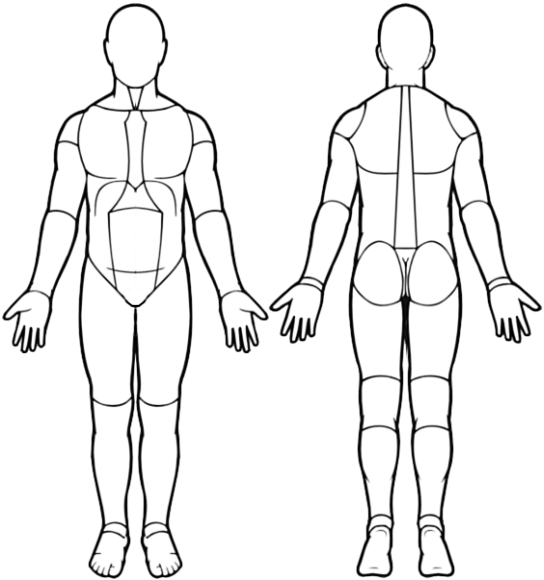
Date: \_\_\_\_\_

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_ M. I. \_\_\_\_\_

Nickname(s): \_\_\_\_\_ Birth date: \_\_\_\_\_ Sex: \_\_\_\_\_

**A note to our patients:** Please complete this form as thoroughly as possible to aid in your diagnosis and treatment. This is a confidential record and will not be released, except when you have provided us with written authorization to do so. Thank you.

**PRESENT HEALTH CONCERNS**

Please list most important health concerns in their order of significance.	Prior diagnosis of this problem? If so, what?	Indicate painful or distressed areas:
1.		
2.		
3.		
4.		
5.		

What goals do you have for your visit at the clinic today? \_\_\_\_\_

\_\_\_\_\_

Do you have any questions about our clinic or care? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

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Please list prescription medications that you are currently taking with dosages: \_\_\_\_\_

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Please list over-the-counter medications that you are currently taking with dosages: \_\_\_\_\_

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Please list all supplements (vitamins, minerals, herbs, homeopathic remedies) that you are currently taking with dosages: \_\_\_\_\_

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Please list any drug allergies, and severe or life-threatening allergies: \_\_\_\_\_

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**Personal habits:**

Please circle any of the following substances that you use regularly:

Tobacco                      Alcohol                      Coffee/black tea/cola                      Recreational Drugs

Do you follow any particular diet regimens or restrictions? If yes, please describe: \_\_\_\_\_

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Do you exercise regularly?      Yes      No                      What type? \_\_\_\_\_

How long? \_\_\_\_\_ How often? \_\_\_\_\_

What are the top stresses in your life currently? \_\_\_\_\_

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**Past history:**

Hospitalizations: \_\_\_\_\_

Serious Illnesses and Injuries: \_\_\_\_\_

Date of last physical/annual exam: \_\_\_\_\_                      Date of last blood tests: \_\_\_\_\_

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## Personal and Family History:

Please check the 'yes' box next to each condition that applies to you or one of your family members. Please note whether the condition is in the past or currently by denoting a 'P' for past, or 'C' for current. Indicate who had the condition in the 'Relation' column.

	YES	RELATION	DATE RESOLVED Past (P)/Current(C)		YES	RELATION	DATE RESOLVED Past (P)/Current(C)
Alcoholism/ Drug Addiction				Headaches			
Allergies				Heart Disease			
Anemia				Hepatitis			
Arthritis				High Blood Pressure			
Asthma				Kidney Disease			
Cancer				Mental Illness			
Depression				Stroke			
Diabetes				Tuberculosis			
Eczema				Other			
Epilepsy							

## Social History:

Please circle those that apply:                      Single                      Married                      Significant other

Do you have any children?    Yes    No    Please list their names and age(s): \_\_\_\_\_

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Additional information which you would like to be noted:

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